# HELP SCRATCH OUT

# COLORECTAL CANCER IS THE NO. 2 US CANCER KILLER AMONG BOTH MEN & WOMEN IN THE US. COLON CANCER CAN BE PREVENTED OR DETECTED AT AN EARLY STAGE WITH REGULAR SCREENINGS.

More than **52,000** people in the United States will die from colorectal cancer in 2022 with more than **151,000** new cases being diagnosed.

**1** out of **24** people will be diagnosed with colorectal cancer in their lifetime.





**9** out of **10** people whose colorectal cancers are found early and treated appropriately are still alive after five years.

### SYMPTOMS OF COLORECTAL CANCER



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Blood in stool (bowel movement) ersistent stomac pain, aches, or cramps Unexplained weight loss

## **MAJOR RISK FACTORS**





Overweight or obese

Moderate to

heavy alcohol

use





processed meats

Age Col

Smoking

50+

Colorectal cancer can occur in young adults and teenagers with the majority occurring in people older than 50.

Preventing colorectal cancer or detecting it early can be inexpensive with simple and affordable testing. Contact your doctor about getting screened <u>starting at age 45</u>.

### **Colorectal Cancer Resources:**

- <u>Centers for Disease Control & Prevention</u>
- <u>American Cancer Society</u>
- National Cancer Institute
- Colorectal Cancer Alliance



Note: All information is based on data/facts published by the above resources. Prepared by <u>The Lope Light Foundation</u> on 5 March 2022