



Ovarian Cancer Message from the Metropolis Lighthouse to your House

September is Ovarian Cancer Awareness Month and time to advise women of all ages to become knowledgeable of ovarian cancer signs and symptoms. This cancer has no reliable screening test, has vague early warning signs and is often diagnosed in advanced stages when it is less curable which makes it known as “the silent killer”. Its symptoms may mimic a more benign condition, such as, Irritable Bowel Syndrome or Overactive Bladder. Ovarian cancer is the most deadliest of all gynecologic cancers and takes the lives of more than 14,000 women each year in the United States. Symptoms of ovarian cancer include:



Bloating



Pelvic Pain, Abdominal Pain or Constipation



Urinary Urgency or Frequency



Difficulty Eating or Feeling Full Quickly

All women should get an annual well-woman checkup with a pelvic exam by a physician and discuss risk factors and prevention strategies.

“It whispers – so listen!”



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