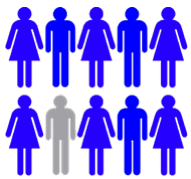
HELP SCRATCH OUT COLORECTAL CANCER GET SCREENED!

COLORECTAL CANCER IS THE NO. 2 CANCER KILLER

AMONG BOTH MEN & WOMEN IN THE US. COLON CANCER CAN BE PREVENTED OR DETECTED AT AN EARLY STAGE WITH REGULAR SCREENINGS.

More than **52,900** people in the United States will die from colorectal cancer in 2025 with more than **154,200** new cases being diagnosed.

1 in 24 men and **1 in 26 women** will be diagnosed with colorectal cancer in their lifetime.



9 out of 10 people whose colorectal cancers are found early and treated appropriately are still alive after 5 years.

SCREENING can prevent colorectal cancer by detecting and removing precancerous growths.

GET SCREENED • GET SCREENED • GET SCREENED • GET SCREENED • GET SCREENED

SYMPTOMS OF COLORECTAL CANCER

Blood in stool (bowel movement)

Persistent stomach pain, aches, or cramps

Unexplained weight loss

MAJOR RISK FACTORS

Family history of colorectal cancer

Overweight or obese

Physical inactivity

Smoking

Moderate to heavy alcohol use

Diet that is high in red and processed meats

Age 50+

Colorectal cancer can occur in young adults and teenagers with the majority occurring in people older than 50.

Preventing colorectal cancer or detecting it early can be inexpensive with simple and affordable testing. Contact your doctor about getting screened starting at age 45.

Colorectal Cancer Resources:

- Centers for Disease Control & Prevention
- American Cancer Society
- National Cancer Institute
- Colorectal Cancer Alliance

Hope Light

Note: All information is based on data/facts published by the above resources.

Prepared by The Hope Light Foundation on 5 March 2025